

# 2022 Annual Women's Health Conference

A premier women's health  
conference featuring local and  
national experts

**October 21-22, 2022**

PRESENTED BY



**SCHOOL OF  
MEDICINE**

DEPARTMENT OF  
OBSTETRICS & GYNECOLOGY

Embassy Suites  
by Hilton

1000 Woodward Place NE  
Albuquerque, NM 87102

## CONFERENCE DESCRIPTION

This year's conference focuses on the patient safety issues, co-morbidities and how to prevent and treat these conditions by updating protocols and improving team communication and risk stratification. The conference is for physicians, nurse practitioners, nurse-midwives, physician assistants, nurses, and other healthcare providers who want to enhance or develop their knowledge of women's health care in the current environment.

## CONFERENCE OBJECTIVES

At the conclusion of this conference, the participant should be able to:

1. Integrate newer concepts and knowledge into clinical practice in an appropriate and cost effective manner.
2. Identify partnering opportunities in the provision of women's health care in the current environment of improving diversity, equity, and inclusion practices, patient expectations, and government regulations.

## UNIVERSITY OF NEW MEXICO HEALTH SCIENCES CENTER AND GUEST SPEAKERS

### PLANNING COMMITTEE

#### CHAIRS

**Noelle Borders, CNM, DNP**  
Chief, Midwifery Division  
Department of Obstetrics & Gynecology

**Keri Rath, MD**  
Obstetrician/Gynecologist  
Presbyterian Medical Group

#### COMMITTEE

**Matthew Davoudzadeh, MD**  
Resident  
Department of Obstetrics & Gynecology

**Paula Delgado, MD**  
Resident  
Department of Obstetrics & Gynecology

**Alyssa Mayo, MD**  
Resident  
Department of Obstetrics & Gynecology

### CME REVIEWERS

**From the Office for Continuous Professional Learning**  
Robert P. Giebitz, PhD  
Jennifer Harbaugh  
Gary A Smith, PhD

### SPEAKERS

**Nicholas Andrews, MD, PhD**  
Department Vice Chair  
Associate Professor and Residency Program Director  
Department of Obstetrics & Gynecology

**Elizabeth Brooke Baker, MD**  
Associate Professor  
Department of Anesthesiology & Critical Care Medicine

**Matthew Brennan, MD**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Gillian Burkhardt, MD**  
Clinical Co-Chair  
New Mexico Maternal Mortality Review Committee

**Patty Cason, MS, FNP-BC**  
Assistant Clinical Professor  
UCLA School of Nursing  
Los Angeles, CA

**Kena Chavez**  
Victim/Survivor/Community Advocate  
Co-Founder, Getting To The Rootz

**Michelle Chungtuycyco, MD, MSBS**  
OB Medical Director  
Socorro General Hospital  
Socorro, NM

**Jennifer Crawford, PhD**  
Assistant Professor  
Department of Psychiatry and Behavioral Sciences

**Abigail Lanin Eaves, CNM**  
Executive Director and Staff CNM  
Dar a Luz Birth & Health Center

**Eve Espey, MD, MPH**  
Distinguished Professor and Chair  
Department of Obstetrics & Gynecology

**Jessi Fuchs, MPH**  
CSTE Applied Epidemiology Fellow  
New Mexico Department of Health

**Elizabeth Garchar, MD**  
Maternal Fetal Medicine Fellow  
Department of Obstetrics & Gynecology

**Tamara Gardner, CNM, FACNM, PMHNP-BC, PMH-C**  
Nurse Midwife, Psychiatric Mental Health Nurse Practitioner  
Perinatal Associates of New Mexico

**Francheska "Sevy" Gurule, MD**  
Assistant Professor, Maternal Child Health Assistant Director  
of Fellowship  
Department of Family & Community Medicine

**Leslie Ann Hayes, MD**  
Clinical Director of Women's Health and Obstetrical Care  
El Centro Family Health  
Española, NM

**Alisa Henning, CNM**  
Clinic Midwife & Clinical Director  
Dar a Luz Birth & Health Center

**Nina Higgins, MD**  
Assistant Professor  
Department of Psychiatry and Behavioral Sciences

**Mary Kate Hildebrandt**  
Director of Maternal Safety Initiative  
Department of Perinatal Collaborative

**Susan N. Kok, MD**  
Consultant  
Mayo Clinic  
Rochester, MN

**Jamie Krashin, MD**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Erin Lorencz, MD**  
Physician, Obstetrics & Gynecology  
Gallup Indian Medical Center  
Gallup, NM

**Anna Maes, RNC-EFM, CLC**  
Quality Improvement Advisor/Clinical Outreach Manager  
New Mexico Perinatal Collaborative

**Colleen McCormick, MD**  
Associate Professor  
Department of Obstetrics & Gynecology

**Laura Migliaccio, DNP, CNM**  
Assistant Professor and Midwife  
College of Nursing

**Katrina Nardini, CNM, WHNP-BC, MPH**  
Certified Nurse-Midwife & Lead Abstractor- NM Maternal  
Mortality Review Committee  
New Mexico Department of Health

**Steve Nuanez, LCSW**  
Director, Employee Well-Being Department  
UNM Hospital

**Jennifer E. O'Neil, CFPSW**  
MAT/OB Care Coordinator  
El Centro Family Health  
Las Vegas, NM

**Trevor Quiner, MD, MS**  
Medical Director  
New Mexico Perinatal Collaborative

**Jennifer Robinson, MS, WHNP-BC, CNM**  
Director of Clinical Training  
UNM LARC Mentoring Program

**Ann. B. Ruge, CNM**  
Women's Care Provider  
El Centro Family Health  
Las Vegas, NM

**Mariam Savabi, MD, MPH**  
Ob/Gyn Faculty  
Multicare Ob/Gyn Associates and Tacoma Family Medicine  
Residency and Fellowship  
Tacoma, WA

**Linda Siegle, BS, JD**  
President  
Resources for Change

**Brittany Simplicio, CNM, MSN**  
Certified Nurse Midwife  
Perinatal Associates of New Mexico

**Dajjah Smith, CD, CPSW, MHFA**  
Certified Doula  
NM MMRC BIPOC Cohort, Women in Leadership, Sooul Ties  
Doula Svc, LLC

**Kathryn Stuenkel, MD**  
Physician  
UNMMG Truman Clinic

**Amber Truehart, MD, MS**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Andrea Walker, MD**  
OB/GYN Physician  
Gallup Community Health  
Gallup, NM

**Preya Wisner, DO**  
Gynecologic Oncologist  
SW Women's Oncology

**Assata Zerai, PhD**  
Vice President for Equity & Inclusion  
Professor for Sociology

7:30-8 am	<b>Registration, Breakfast &amp; Exhibitor Expo</b>
8-8:10 am	Welcome & Announcements - Noelle Borders, CNM, DNP & Keri Rath, MD
8:10-9 am	Keynote Plenary: The PATH to Person-Centered Contraception Counseling - Patty Carson, MS, FNP-BC
9-9:30 am	Results of 2022 Legislative Session & What Can We Expect in 2023 - Linda Siegle, BS, JD
9:30-9:45 am	<b>Break and Exhibitor Expo</b>
9:45-10:45 am	<b>Breakout Sessions #1</b>
	Improving Perinatal Outcomes in New Mexico - Mary Kate Hildebrandt; Anna Maes, RNC-EFM, CLC; Trevor Quiner, MD, MS
	Considerations in the Use of Humor in Clinical Care and Communication - Laura D Migliaccio, DNP, CNM
	Streamlined Genetics: Covering the Essentials in a Busy Clinic - Elizabeth "Liz" Garcher, MD
	Cases in Sexual Health - Susan N. Kok, MD
Supporting Physiologic Birth and Beyond: How Dar A Luz Has Changed the Landscape of Birth in New Mexico - Abigail Lanin Eaves, CNM; Alisa Henning, CNM	
10:45-11 am	<b>Break and Exhibitor Expo</b>
11-11:45 am	Plenary: The Adnexal Mass - Preya Wisner, DO
11:45 am-1 pm	<b>ACOG Lunch/Business Meeting</b>
	<b>ACNM Members Lunch</b>
	<b>Nurses Lunch</b>
	<b>Conference Attendees Lunch</b>
1-1:45 pm	Plenary: Affirming OB Care for the Gender Expansive Community - Kathryn Stuenkel, MD
1:45-2 pm	<b>Break &amp; Exhibitor Expo</b>
2-3 pm	<b>Breakout Sessions #2</b>
	Updates in Perinatal Mental Health for the Women's Health Provider - Jennifer Crawford, PhD; Nina Higgins, MD
	From Coping to Thriving During Change - Steve Nuanez, LCSW
	Gestational Diabetes: Incorporating Mental Health and a Healthy Relationship with Food - Brittany Simpicio, CNM, MSN
	Flourishing Sexuality: The Many Benefits of a Sex Positive Practice - Patty Cason, MS, FNP-BC
	Cases in Sexual Health - Susan N. Kok, MD
GYN and OB Care for Gender Diverse Patients - Jennifer Robinson, MS, WHNP-BC; Kathryn Stuenkel, MD	
3-3:15 pm	<b>Break and Exhibitor Expo</b>
3:15-4 pm	Plenary: Rural Medicine - Matthew Brennan MD; Trevor Quiner, MD; Keri Rath MD
4-4:30 pm	<b>Break and Exhibitor Expo</b>
4:30-5:30 pm	Stump the Specialists - Nicholas Andrews, MD, PhD; Matthew Davoudzadeh, MD; Paula Delgado, MD
5:30-5:45 pm	Closing Remarks & Adjourn - Noelle Borders, CNM, DNP & Keri Rath, MD

## SATURDAY, OCTOBER 22, 2022

7:30-8 am	<b>Registration, Breakfast &amp; Exhibitor Expo</b>
8-8:10 am	Welcome & Announcements - Noelle Borders, CNM, DNP & Keri Rath, MD
8:10-9:10 am	Plenary: Diverse Perspectives from New Mexico Maternal Mortality Review Committee: What MMRC Members Want Healthcare Workers to Know to Improve Birth Outcomes in New Mexico - Gillian Burkhardt, MD; Kena Chavez, Tamara Gardner, CNM, FACNM, PMHNP-BC, PMH-C; Katrina Nardini, CNM, WHNP-BC, MPH; Daijah Smith, CD, CPSW, MHFA; Assata Zerai, PhD
9:10-9:25 am	<b>Break and Exhibitor Expo</b>
9:25-10:25 am	<b>Breakout Sessions #3</b>
	The Changing Landscape of Endometrial Cancer - Colleen McCormick, MD
	Informed Consent in Labor - Elizabeth Brooke Baker, MD
	Miscarriage Management - Jamie Krashin, MD
	Abnormal Uterine Bleeding (AUB) in the Adolescent - Amber Truehart, MD
New Mexico Maternal Mortality Review Committee Annual Report and Review Process - Gillian Burkhardt, MD; Jessi Fuchs, MPH; Katrina Nardini, CNM, WHNP-BC, MPH	
9:25-11:40 am	Anti-oppression and Interrupting Microaggressions - Mariam Savabi, MD
10:25-10:40 am	<b>Break and Exhibitor Expo</b>
10:40-11:40 am	Plenary: Reproductive Healthcare in a Post-Roe America - Eve Espey, MD, MPH
11:45-12 pm	Closing Remarks & Adjourn - Noelle Borders, CNM, DNP & Keri Rath, MD
12 pm	<b>Studio Lunch for Rural Providers (will not receive CME or CE credits)</b> For more information, contact <a href="mailto:Cassandra.Darley@salud.unm.edu">Cassandra Darley, Community Liaison, Urogynecology PCORI Community Engagement and RCT Study, cjdarley@salud.unm.edu, (505) 967-8428</a>
12-4 pm	Medication for Opiate Use Disorder (MOUD) in Pregnancy - Michelle Chungtuycyo, MD, MSBS; Francheska "Sevy" Gurule, MD; Leslie Ann Hayes, MD; Erin Lorencz, MD; Jennifer E. O'Neil, CFPSPW; Trevor Quiner, MD, MS; Ann B. Ruge, CNM; Andrea Walker, MD

## REGISTRATION RATES

Advance registration is encouraged. Register early to avoid disappointment. Your registration will be confirmed via email. If you do not receive a confirmation email, please contact CPL at HSC-CPL@salud.unm.edu to verify your attendance. Registration includes conference materials, breakfasts, lunch on Friday and refreshment breaks. Please confirm your registration before making travel arrangements. Minimum and maximum registration numbers have been established for this activity. Registrations paid in cash must be in the exact amount of tuition. CPL does not maintain a petty cash fund. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **CPL does not accept POs or paper registrations with credit card information.**

	Early Bird: On or before 9/29/22	Regular: 9/29/22 - 10/16/22	Onsite: 10/17/22 - 10/21/22
MD, DO, PhD <i>Paying with UNM TR</i>	\$350 \$340	\$390 \$380	\$415 \$405
RN, OT, PT, LPN, NP, PA, Other <i>Paying with UNM TR</i>	\$275 \$265	\$315 \$305	\$340 \$330
Residents	\$100	\$140	\$165
Full Time Students	\$100	\$140	\$165

## CANCELLATION

If you pre-register and cannot attend, UNM CPL will refund tuition, less a \$40.00 administrative fee, provided it is received in writing on or before **Friday, October 7, 2022**. No refunds will be issued after this date or for non-attendance. Activities are subject to cancellation. In the event this activity is cancelled, registrants will be notified via email. CPL is not responsible for any airfare, hotel, car rental or other costs incurred by participants.

## HOW TO REGISTER

**CREDIT CARDS, CHECK, CASH OR UNM PR: <https://bit.ly/2022WHC>**

UNM CPL does not maintain a petty cash fund. Cash payments must be made in the exact amount. Checks should be made payable to the UNM CPL and mail it along with this form to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. **UNM CPL does not accept POs or paper registrations with credit card information.**

### UNM TUITION REMISSION:

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

1. Complete **UNM Tuition Remission** form with proper signatures.
2. Save your completed UNM Tuition Remission form as a PDF.
3. Complete the **conference registration form** and upload the completed UNM Tuition Remission form to the online registration form.
4. Click PAY WITH UNM TUITION REMISSION and click SUBMIT.
5. If you click the box, you will receive an email copy of the information you provide. **THIS IS NOT YOUR CONFERENCE CONFIRMATION.** Your conference confirmation will come later from the email address HSC-CPL@salud.unm.edu.

## ACCREDITATION

### PHYSICIANS

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of New Mexico School of Medicine designates each live activity for the number of *AMA PRA Category 1 Credits™* listed below.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Conference without DEI training:** a maximum of **9.25** *AMA PRA Category 1 Credits™*

**Conference with DEI training:** a maximum of **9.50** *AMA PRA Category 1 Credits™*

**Conference with MOUD training but no DEI training:** a maximum of **13.25** *AMA PRA Category 1 Credits™*

**Conference with MOUD & DEI training:** a maximum of **13.50** *AMA PRA Category 1 Credits™*

### NURSES

This nursing continuing professional development activity was submitted for approval to New Mexico Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## CONFERENCE ACCOMMODATIONS

A limited courtesy block of rooms has been reserved for participants for the nights of Thursday, October 20, 2022, Friday, October 21, 2022 and Saturday, October 22, 2022 at \$115.00 (plus taxes) for single or double occupancy. Reservations must be confirmed by 12:00 pm MDT on Friday, September 30, 2022. Rates will not be changed at check-in or check-out time for attendees who fail to identify their affiliation with this activity at the time of reservation. All reservations must be guaranteed by a major credit card. Overnight parking is \$10.00 per night.

**Click here to make online reservations!**

**Call hotel directly at (505) 245-7100 and reference 2022 Women's Health Conference**

**Questions?** UNM Office for Continuous Professional Learning  
MSC09 5370 - 1 University of New Mexico, Albuquerque, NM 87131-0001  
**Phone:** (505) 272-3942 | **HSC\_CPL2salud.unm.edu** | **<http://goto.unm.edu/CPL>**



**SCHOOL OF  
MEDICINE**  
OFFICE FOR CONTINUOUS  
PROFESSIONAL LEARNING